


DRC staff: 255-6402

DRC client line: 255-7846

Dacotah Foundation (call for van ride) 223-4517 press 0

June 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat					
<p>Wednesday night Peer Support: Please let Tom know by 4:30p if you will be attending. June 1: Chick-fil-a. June 8th: Dream Center June 15th: Pick up supper@ McDonalds and eat at Sertoma then play minature golf or batting cage if you wish.(bring own money) June 22nd: Five guys burgers June 29th: Blaze pizza</p>			<p><u>11a.m Katie, our dietican</u></p> <p>11:30a Spirit of Life for food basket and sack lunch</p>								
5	<p>11am Members meeting</p>	6	<p>2pm Missouri Valley Expo carnival. \$3 admission, includes 1 ride. &Arby's afterwards.</p>	7	<p><u>11am Jodie, our nurse</u></p> <p>11:30a Spirit of Life for food box and sack lunch</p>	8	<p>11am Peer Support (corn hole/norwegian golf fun outside)</p>	9	<p>11am Movie @ DRC</p>	10	11
12	<p>1pm <u>Deb from NDSU (nutrition)</u></p>	13	<p>2pm Happy Joes & movie @ Grand</p>	14	<p>11a.m Spirit of Life for food box and sack lunch</p>	15	<p>11am Peer Support</p>	16	<p>11:30a Soup Kitchen & Shopping @ Big Lots/Dollar Tree</p>	17	18
19	<p>Happy Father's Day!</p> 	20	<p>11a.m <u>Recovery grp "Belittling"</u></p> <p>11:30am Bingo</p>	21	<p>1:30p YMCA/Dream Center for supper</p>	22	<p>11am Spirit of Life for food box and sack lunch</p>	23	<p>11am Peer Support</p>	24	25
26	<p>11a.m <u>Recovery grp "OCD -Obsessive Compulsive Disorder"</u></p>	27	<p>2pm Ruby Tuesdays & movie @ Grand</p>	28	<p>11am Spirit of Life for food box and sack lunch</p>	29	<p>11am Peer Support @ the zoo, then walk around the zoo after peer support mtg</p>	30	<p><u>Cards, dice or board games every morning from 9-11am. Color therapy and music therapy every afternoon from 2-4pm</u></p> 