

March 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 10a Bis Library 2pm Life Skills	2 11a Peer Support 12p Lunch 2p-4p Joy's Open House	3 10:30a Spirit of Life 12:30p Movie	4
5	6 9a Breakfast 10a Wellness Group 1p Speaker- Northland Health	7 9a-4p Disability Day @ Capital 1p Nursing Group	8 11a Soup Kitchen 2PM Speaker- BisMan Transit	9 11a Peer Support 12p Lunch 3p Members Meeting	10 9a Cleaning at the DRC today. Center!! <small>Pizza served for our member volunteers.</small>	11
12	13 9a Breakfast 11a Nutrition with Dev 2p Wellness Group	14 10a Monopoly 2pm Peer Support	15 11a Soup Kitchen (on the CAT) 2p Life Skills	16 9a Cards 12p Lunch 2p Bingo	17 11a Peer Support 12:30p Movie	18
19	20 9a Breakfast 11a Walking 2p Wellness Group	21 10a Farkle 2pm Peer Support	22 9a Closet 701 (on the CAT) 2p Life Skills	23 11a Peer Support 12p Lunch 2pm Trivia	24 10:30a Spirit of Life 12:30p Movie	25
26	27 9a Breakfast 11a Walking 2p Wellness Group	28 10a Coloring 1pm Nursing Group 2pm Peer Support	29 10a Spirt of Life (Cat Bus) 2pm Life Skills	30 9a Baking Bread 12p Lunch 2p New Member Orientation	31 11a Peer Support 12:30p Movie	

Activity Calendar

Food Days:

Monday's will be serving breakfast at approx. 9am! Please sign up the Friday before so we have an idea of how much to make.

Thursday's we will be having lunch around 12pm! Again please sign up ahead of time! The pantry is always stocked and you are welcome to make your lunch with the supplies that we have any day of the week.

Other Activities:

On the 8th we will be having Mike from BisMan Transit/CAT bus come and talk with all of us about how to use the bus. From that point each Wednesday, we will be planning our route and utilizing the bus for any out of center activities. (just on Wednesday's for now)

On the 10th we are doing a deep clean of the center. We encourage all members to help in this if possible. We will be serving pizza for all the members that contribute to the cleaning.

30th New Member Orientation is an opportunity for members to mingle. We will be providing beverages and snacks for all those that attend.