

Wed. Peer Support:

May 4: A & B May 11th: McDonalds & corn hole @ DRC






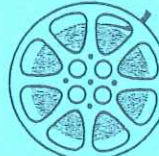
May 18th: Dennys May 25th: Taco Bell

9a-11a daily Cards, dice or board games 2-4pm Color therapy

and music therapy everyday.



May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 <u>11am Recovery grp</u> "Panic disorder" <u>A highly treatable disorder</u>	2 2pm Paradiso & movie at Grand	3 11am Spirit of Life for sack lunch and food boxes	4 Cinco da Mayo day: <u>Cinco De Mayo</u>  11am Peer Support	5 11am Movie @ DRC 	6 7	
8 Mother's Day 	9 <u>11am Deb from NDSU</u> <u>(Recovery grp)</u>	10 1pm Members mtg 2pm Dakota Farms and Shopping @ Mandan's Walmart & Family Dollar	11 11am Spirit of Life for sack lunch and food boxes	12 11am Peer Support	13 11am Movie @ DRC 	14	
15	16 <u>11am Recovery grp</u> "What is Mental Health & Mental Illness"	17 2pm Hardees and Movie @ Grand	18 11am Spirit of Life for sack lunch and food boxes	19 11am Peer Support 11:30am Bingo	20 11am Movie @ DRC 	21	
22	23 <u>11am Recovery grp</u> "Understanding Anxiety disorder"	24 2pm Dairy Queen and movie @ Grand	25 11am Spirit of Life for sack lunch and food boxes	26 11am Peer Support	27 11am Movie @ DRC 	28	
29	30 Memorial Day DRC closed	31 2ppm Dakota Zoo (bring \$5 if you want a train ride and money for snacks. Burger King afterwards	May 31st: We will go to the Dakota Zoo first and then to Burger King for supper. If you'd like to ride the train at the zoo, it's now \$5. Rides will be provided to the zoo and home after Taco Johns				

