

2nd Tuesday of every month -**FREE HAIRCUTS** @

255-6402 DRC staff

Ministry on the Margins from 2-4pm . You must provide your own ride.



September 2021

255-7846 Client line 223-4517 then press 0 for van ride
dacotahfoundation.org webpage for Recovery center calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat					
WEDNESDAY NIGHT PEER SUPPORT GROUP											
<p><u>Sept 1:</u> Dairy Queen & corn hole/norwegian golf at DRC (depends on weather/temp</p> <p><u>Sept 8th:</u> A & B North <u>Sept 15th:</u> Culvers (new Bismarck one)</p> <p><u>Sept 22nd:</u> McDonalds & Pool tourney @ DRC</p> <p><u>Sept 29th</u> Rock'n 50's</p>		<p><u>11am Katie, our dietician</u> 1</p> <p>11:30 am Spirit of Life for sack lunch and food boxes</p>		<p>9a-11a Cards, dice or board games</p> <p>11am Peer Support</p> <p><u>2-4p Color Therapy Recovery grp</u></p>		<p>9a-11a Cards, dice or board games</p> <p>11am Movie @ DRC</p> <p><u>1-2p Music Therapy</u></p>					
5	DRC closed in observance of Labor Day	6	<p><u>1p NDSU nurses</u> 7</p> <p>4pm McDonalds & have a picnic @ Chiefs Looking Village & go to Double Ditch</p>	8	<p>1pm Ride the CAT with Mike, Tom and Orla to Walmart south to eat @ Subway & shop .</p>	9	<p>9a-11a Cards, dice or board games</p> <p><u>11a Peer Support</u></p> <p><u>2-4p Music therapy (Recovery group)</u></p>	10	<p>9a-11a Cards, dice or board games</p> <p>11am Movie @ DRC</p> <p><u>1-2p Music Therapy</u></p>	11	
12	<p>9a-11a Cards, dice or board games</p> <p><u>1pm Chronic pain & mental health(Recovery grp)</u></p>	13	<p>2pm Dairy Queen & movie @ Grand (Bring money for both)</p>	14	<p>11:30a Spirit of Life for sack lunch & food boxes</p> <p>2:30 Fire Ext training for DF staff</p>	15	<p><u>11am Peer Support</u> 16</p> <p>12pm Sack lunch from Spirit of Life and have a picnic @ Pumpkin Patch. Bring \$2 for admission.</p>	16	<p>9a-11a Cards, dice or board games</p> <p>11am Movie @ DRC</p> <p><u>1-2p Music Therapy</u></p>	17	18
19	<p>9a-11a Cards, dice or board games</p> <p>11am Bingo</p> <p><u>2p-4p Music therapy (Recovery grp)</u></p>	20	<p><u>1pm NDSU nurses</u> 21</p> <p>4pm Arby's & go to the new Dollar General in Lincoln and Walmart (south)</p>	22	<p>9a-11a Cards, dice or board games</p> <p>11am Spirit of Life for sack lunch & food boxes</p>	23	<p><u>11a Mbrs mtg</u> 23</p> <p>11:30am Peer Support</p> <p><u>2-4p Color Therapy (Recovery Grp)</u></p>	24	<p>9a-11a Cards, dice or board games</p> <p>11am Movie @ DRC</p> <p><u>1-2p Music Therapy</u></p>	25	
26	<p>9a-11a Cards, dice or board games</p> <p><u>1pm Deb from NDSU (Recovery group)</u></p>	27	<p>2pm A & B & movie @ Grand</p>	28	<p>9a-11a Cards, dice or board games</p> <p>11am Spirit of Life for sack lunch & food boxes</p>	29	<p><u>11am Peer Support</u></p> <p><u>2-4p Music therapy (Recovery Group)</u></p>	30	<p>Remember that you must bring money to pay for your meal and movie. Also sign up soon for the Pumpkin Patch as they need numbers. \$2 for admission which includes train ride, but extra for pumpkin and cookie.</p>		

